



HEYWOOD

Spa Hotel

Relaxation & Beauty

Traditional Massage

Back, Neck and shoulder 30 Minutes £35

Relax with a personalized massage relieving daily stress with Swedish techniques.

Half Body 45 Minutes £45

De-stress with a completely unique massage, concentrating on problem areas.

Full Body 60 Minutes £60

From head to toe, let those aching muscles and high stress levels brush away with a powerful deep tissue massage.

Aromatherapy Massage

Back, Neck and shoulder 30 Minutes £40

Using a lighter pressure and Myddfai natural aromatherapy oils to help alleviate mental and physical problems.

Half Body 45 Minutes £50

Full Body 60 Minutes £65

Hot Stones

Hot Back, Neck and Shoulder 30 Minute £45

A deep massage using soothing Myddfai natural oils, warm basalt stones to relax, soothe aching muscles, combining relaxing warmth and refreshing coolness to encourage the body to detox and heal.

Full Body 60 Minutes £70

Facials

30 Minute Cleansing Facial £35

45 Minute Natural Radiance Facial £45

Customized to your specific skin type using the finest organic skin products, combining gentle massage with cleansing, toning, moisturizing and a natural face mask to help you escape the outside world.

60 Minute Deluxe Facial £60

Reflexology

45 Minute Treatment £50

Massage of the reflex points that correspond with the organs of the body can help rebalance and reduce tension.

60 Minute Treatment including Scrub £60

A full 45 minute treatment, including a deep refreshing scrub.

Deep Tissue Massage

35 Minute Treatment £45

An intense therapeutic treatment that uses slow, firm strokes and pressure that specifically targets deeper muscular stress and tension.

Warm Bamboo Massage Back of Body

45 Minutes £50

Using various massage techniques and incorporating the Warm Bamboo will help to relax body and mind. Some of the benefits of this fabulous treatment are increased circulation and lymphatic drainage, decrease in stress levels by releasing endorphin's to promote relaxation.

Indian Head Massage

35 Minutes

£35

Indian head massage is especially good for relieving stress, tension, fatigue, insomnia, headaches, migraine and sinusitis.

Nails

Express Manicure/Pedicure 30 Minutes

£23

Luxury Manicure/Pedicure 60 Minutes

£38

CND Shellac Manicure/Pedicure 40 Minutes

£30

Including removal after 14-day wear and a bottle of award winning Solar oil

CND Shellac Luxury Manicure/Pedicure 70 Minutes

£58

Including removal after 14-day wear and a bottle of award winning Solar oil

*All nail art 50p extra per finger

*Please inform us if removal is required (15-20mins) - £6 extra

Waxing & Tinting

*Patch test required 24 hours in advance

Eyebrow Wax

£11

Eyebrow Tint

£10

24-hour tint test required

Eyelash Tint

£15

24-hour tint test required

Eyelash Lift and Tint

£32

24-hour tint test required

Lip or Chin Wax

£8

Half Leg Wax

£20

Full Leg Wax

£30

Back Wax

£30

Chest Wax

£30

Booking Terms and Conditions

All treatment times stated include consultation time and changing time.

16's and over only.

Please notify Heywood Spa Hotel Staff if you are pregnant or have any medical conditions at time of booking.

If your chosen treatment is unsuitable for you at time of consultation, you will be offered an alternative treatment.

Our therapists are independent, so your payment will be made directly to them. A request for prepayment will be made anytime between booking and the date of your treatment. Please ensure you respond to this within the timescale advised by the therapist or your spa treatment may be cancelled.

No-shows and cancellations within 24 hours will be charged at the full cost of the treatment booked.

Please arrive at least 5 minutes before your treatment for consultation.

All bookings are subject to availability.

Book Now with Reception

Telephone 01834 842087

bookaroom@heywoodspahotel.co.uk

Gift vouchers available.